

PSN ENGINEERING COLLEGE

Melathediyoor, Palayamkottai Taluk, Tirunelveli – 627152

An ISO 9001:2015 certified Institution

(Approved by AICTE, New Delhi, Affiliated to Anna University, Chennai)

DEPARTMENT OF MECHANICAL AND AUTOMATION ENGINEERING

Report for ISKCON-2021

| | |
|------------------------------------|--|
| Name of the Course/Programme | LIFE SKILL PROGRAMME : SCIENCE OF EMPOWERING YOUTH VALUES AND CONFIDENCE |
| Conducted on | 8.10.2021, 11.10.2021 and 20.10.21 |
| Duration (<i>Minimum 30 hrs</i>) | 18 Hrs. |
| Venue | PSNEC Seminar Hall |
| Number of Participants | 14 |
| Dept/Year/Semester | Mech & Auto/II,III,IV/III,V,VII |
| Objectives of the programme | <ol style="list-style-type: none">1. Gaining happiness and self-fulfilment in the life of the students.2. Finding the internal potential such as motivation, concentration, tolerance, self-confidence, and kindness of the students.3. Combining personality with proficiency for long-term success.4. Securing youngsters from self-destructive addictions that harm mind and body.5. Provide soft-skill training like leadership, stress management, time management etc.6. Provide a sense of balancing between personal and professional life, work and entertainment.7. Provide scientifically crafted lectures on Vedic intelligence by the highly qualified faculty members. |

PROGRAMME REPORT:

As a part of Life Skill Programme that is regularly conducted in our college for the academic year (2021-2022) . We have conducted a life skill programme in Collaboration of with ISKCON (International Society for Krishna Consciousness) on 8.10.2021, 11.10.2021 and 20.10.21 in PSNEC seminar hall.

A chief Guest Mr.Vibhu Madava Das-Chairman & Shri, Narayana Caitanya Das-Chairman , ISKCON Youth Forum, Tirunelveli were the Chief Guest of the programme and Dr.M.S.Ravikumar, Principal of PSN Engineering College, inaugurated the programme. Our beloved principal and precious guests from ISKCON lighted the kuthuvilakku and started the session in a successful manner.

Our chief guest from ISKCON, Shri, Narayana Caitanya Das-Chairman, ISKON-Tirunelveli, presented a special address on , LIFE SKILL PROGRAMME.

Finally, at the end of special address, the vote of thanks was expressed by Mrs.A.Thangapoo, Head of Management Studies Department. She expressed sincere thanks to ISKCON team members who have given a wonderful session to our students.

SUMMARY:

1. PSNEC successfully conducted a programme hosted by ISKCON-2021 on 8.10.2021, 11.10.2021 and 20.10.21 in our College Seminar Hall
2. Students got some awareness about topics covered in LIFE SKILL PROGRAMME
3. Collected the LIFE SKILL PROGRAMME feedback for overall benefit to students and faculty for the personal empowerment.

PROGRAMME SCHEDULE AND THE TITLE

The title and the session of the program given below,

TITLE: SCIENCE OF EMPOWERING YOUTH VALUES AND CONFIDENCE

PROGRAM: Seven Sessions of Courses for Student

1. How to increase Mind Power
2. God behind the Universe
3. Science of Soul
4. Purpose of life
5. Mantra Meditation
6. Search For Happiness
7. Your Action Decides Future

| Time | Description |
|-------------|--|
| 10.00 am | The program was started with Tamil Thai Valthu by the students. |
| 10.05 am | The Principal Dr.M.S.Ravikumar, Chief guest of Shri, Narayana Caitanya Das-Chairman, LIFE SKILL PROGRAMME Youth Form, Tirunelveli, were Lighted the kuthuvilakku . |
| 11.10 am | The program was started with the welcome address Mr. Babu , HOD, ECE. |
| 11.15 am | Inaugural address was given by our respected Principal Dr.M.S.Ravikumar. |
| 11.20 am | The chief guest honoured by respected Principal Dr.M.S.Ravikumar with shawl and memento. |
| 11.30 am | The Chief guest addressed on the topic "SCIENCE OF EMPOWERING YOUTH VALUES AND CONFIDENCE". |
| 12.00 pm | The Chief Guest made a session with the students; they had interacted with the Guest. |
| 12.05 pm | The program ended with vote of thanks given by Mrs.A.Thangapoo, HOD/MBA. |
| 12.10 pm | Finally the program completed with the National Anthem. |

PHOTOGRAPHS



A section of the students gathered for the Life Skill Programme conducted at PSNEC Seminal Hall on 8.10.2021.



Our respected principal Dr.M.S.Ravikumar honoured the guest for Life Skill Programme.



PPT presentation by Shri, Narayana Caitanya Das-Chairman, ISCKON Youth Forum, Tirunelveli to the students gathering.



PSN ENGINEERING COLLEGE

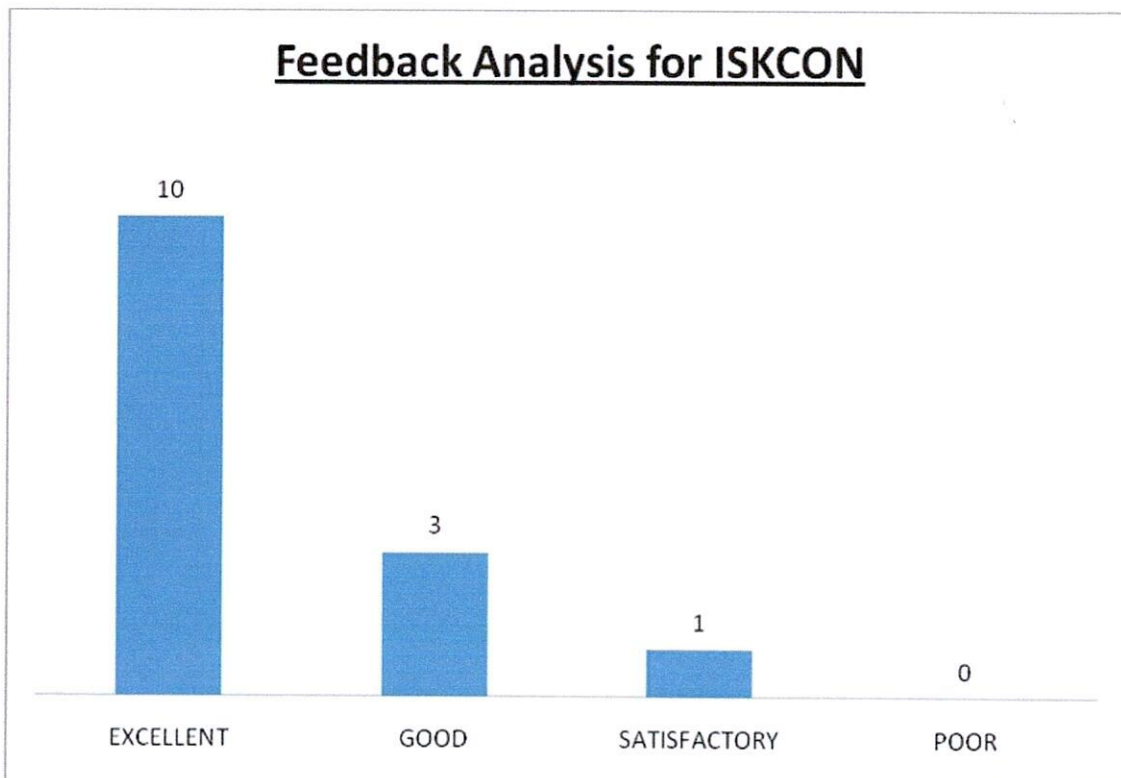
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FEEDBACK ANALYSIS



From the feedback collected, students felt that the programme is very useful and beneficial for a personal career.



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SUGGESTION GIVEN BY THE STUDENTS

A. Students suggest need some materials regarding the following

1. How to increase Mind Power
2. God behind the Universe
3. Science of Soul
4. Purpose of life
5. Mantra Meditation
6. Search For Happiness
7. Your Action Decides Future

Which will helps to continue practice of their daily life and also they will train to their family members, friends and relatives.

ACTION TAKEN

We informed to our management and they suggest the LIFE SKILL PROGRAMME team to provide the materials from the above contents.

HOD

Head of the Department
Department of Mechanical
Automation Engineering
PSN Engineering College
Melathediyoar,
Tirunelveli - 627 152.

22/10/21

**Director
(IQAC)**

Dr G Satish Pandian
Professor of Mech & Auto
Director - IQAC
PSN Engineering College,
Tirunelveli 627152

22/10/21

Principal

Dr. M.S. RAVIKUMAR
Principal
PSN ENGINEERING COLLEGE
Melathediyoar, Palayamkottai
Tirunelveli - 627 152