

Melathediyoor, Palayamkottai Taluk, Tirunelveli District, Pin - 627 152.

(Approved by AICTE and Affiliated to Anna University)

An ISO 9001: 2015 Certified Institution

Website: www.psnec.ac.in Email: principal@psnec.ac.in

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Lr No: PSNEC/2020-2021/ECE/SEMINAR/CR-02

DATE: 20.11.2020

### **CIRCULAR**

This is to inform you that the Department of ECE is Conducting seminar on "PEACE OF MIND PROGRAM "on 22-12-2020 in PSNEC Seminar Hall, from 9.30 am to 12.30 pm.

All the ECE Department Students and Staff members are requested to attend the program.

CC TO

- 1. Director
- 2. Director (IQAC)
- 3. All Department HOD'S
- 4. Physical Director
- 5. Librarian
- 6. Warden

PRINCIPAL
Dr Ma.S. RAVIKUMAR
Principal
ON ENGINEERING COLLEGE
Welathedlyoor, Palayamkottal
Tirunelvali - 627 152



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### PERMISSION LETTER

Respected sir,

The Department of ECE proposed to conduct a seminar on "PEACE OF MIND PROGRAM" on 22-12-2020 in PSNEC Seminar Hall from 09.30 am to 12.30 pm for ECE students.

We Request you to give permission to conduct the program.

Thanking you

HOD/ECE

Head Of The Department Electronics & Commn. Department. PSN ENGINEERING COLLEGE Melathediyoor - 627 152

PRINCIPAL
Dr. M.S. RAVIKURANA
Principal
PSN ENGINEERING COLLING
Melathediyoor, Palavamkottai
Tirunehaa



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### REPORT ON SKILL DEVELOPMENT TRAINING PROGRAM

Name of the Course/Program	Peace of Mind
Conducted on	22/12/2020
Duration (Minimum 30 hrs)	10.00 AM to 1.00PM
Venue	Seminar Hall, PSN Engineering College.
Number of Participants	77 Students
Dept/Year/Semester	All ECE department students.
Resource Person (s) Details	Mr. Robin, Office Admin , Sarah Tucker College, Tirunelveli.
Objective of the Course / Program	To improve life skill by learning Yoga and Meditation

#### PROGRAM REPORT

A Seminar was conducted in **PSNEC** seminar hall on **22.12.2020**. The Training program was handled by **Mr. ROBIN, OFFICE ADMINIST, SARAH TUCKER COLLEGE, TIRUNELVELI**. On that, the students learn about the seven session's .Yoga and Meditation, Power of soul, Stress Management, Habits to be followed in day-to-day life to have enriched soul. From this the students learnt new knowledge to minimize stress by doing Yoga and also learn how to practice good habits.

The program was inaugurated by welcoming the gathering by Mr.P.Babu (HOD/ECE), the chief guest was honored by Dr.M.S.Ravikumar (Principal), and the program was felicitated by Dr.N.Prabhu and the program successfully Votes of thanks by Mrs.V. Niranjana devi (AP/ECE).



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#### Photos for "PEACE OF MIND PROGRAM"



Our Principal Dr.M.S.Ravikumar Honoring the Chief Guest Mr.Robin,Office Administ, Sarah Tucker College, Tirunelveli.



The Chief Guest Mr.ROBIN delivering the message on 22.12.2020



The Guest delivered a to a speech the student 22.12.2020

#### **SUMMARY**

- 1. The Department Of Electronics and Communication Engineering has successfully conducted a program on 22<sup>th</sup> DEC 2020 entitled "PEACE OF MIND PROGRAM" in workshop our personality.
- 2. Total 77 students participated in technical seminar.
- 3. Guest lecturer: MR.ROBIN, OFFICE ADMIN, SARAH TUCKER COLLEGE, TIRUNELVELI

#### FEEDBACK ANALYSIS

