PSN ENGINEERING COLLEGE

Melathediyoor, Palayamkottai Taluk, Tirunelveli District, Pin - 627 152.

(Approved by AICTE and Affiliated to Anna University)

An ISO 9001 : 2015 Certified Institution

Website : www.psnec.ac.in Email : principal@psnec.ac.in

☎ 04634-279078, 279079 Fax : 04634-279078

ISO 9001 : 2015

PROGRAM ON MEMORY LEARN TO LEARN

Name of the Program	Program on Memory Learn to Learn
Conducted on	Dec 9th 2022 (1day)
Duration	One day
Venue	PSNEC Seminar Hall
Number of participates	158
Dept/Year/Semester	S&H Department /I/ I
Resource Person	Mrs.MaheswariN,Hayagreeva Academy,Mettur,Salem
Objective of the Program	To Motivate the students with life oriented skills

The Program started on Dec 9th 2022 (1day) 10.00 a.m with the welcome address by **Dr.G.Sathish Pandian,**Director (IQAC), PSN Engineering College. The first day our chief Guest **Mrs.Maheswari, CEO Memory learn to learn** spoke about the Technique& Benefits of meditation and the technique of rejuvenation through cleaning the heart/mind.

What is the concept of memory and learning?Learning and memory are closely related concepts. Learning is the acquisition of skill or knowledge, while memory is the expression of what you've acquired. Another difference is the speed with which the two things happen. If you acquire the new skill or knowledge slowly and laboriously, that's learning.

Is memory the key to learning? Memory is essential to learning, but it also depends on learning because the information stored in one's memory creates the basis for linking new knowledge by association.
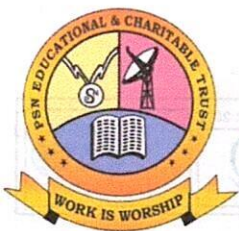
Students interacted with the Guest.

Practical sessions was conducted.

Students felt that the program was useful.

Finally the vote of thanks was expressed by M.Muthulakshmi, HOD of IT department.

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The photo copies of the program:

Mrs.Maheswari delivered Memory learn to learn to the students.

Summary:

1. The life skill program for first year students conducted on Dec 9th 2022 (1day)seminar hall of PSNEC.

2. Students get motivated with memory learn to learn which will improve then inter personal skill.

P 13/12/22
Incharge

13/12/22
Coordinator

3/12/22
Director
(IQAC)

Principal

Dr M.S. RAVIKUMAR
Principal
PSN ENGINEERING COLLEG
Melathediyoor, Palayamkotta
Tirunelveli - 627 152

Dr G Satish Pandian
Professor of Mech & Auto
Director - IQAC
PSN Engineering College,
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